

Actions That Foster A Sense of Community

Strong individuals and families are critical, but not enough. Individuals and families need and rely on others for day-to-day survival, food, shelter. These "others" are the community. Our country is really a community of communities. A sense of community and of belonging is something most of us need and want - but which I believe is missing for many of us.

In today's world where both parents often work, where technology allows us to communicate without leaving the house, where crime has limited our outside activities, where we travel and are a mobile society and where communities are more diverse, a sense of community is not as easy to come by as it used to be. Here are some actions that can help create a better sense of community and let each other know that we are all in this together.

Citizen Actions

1. [Befriend a neighbor who is elderly - invite them to dinner, bring over a dessert, or offer to take them shopping or on an outing.](#)
2. [Donate blood.](#)
3. [Extend small courtesies to individuals of 'difference'.](#)
4. [Get to know your neighbors.](#)
5. [Give away things you don't use.](#)
6. [Keep a trash bag in your car.](#)
7. [Make a friend with someone from another race/ethnicity.](#)
8. [Participate in organ donor program.](#)
9. [Perform a "random act of kindness".](#)
10. [Pick up a piece of trash each day.](#)
11. [Recycle.](#)
12. [Register to be a bone marrow donor.](#)
13. [Start a neighborhood watch program.](#)
14. [Start a tradition in your neighborhood of having an annual "pot luck".](#)

15. [Stop to help a bicyclist or driver in need.](#)
16. [Visit churches, restaurants, stores and parks located in ethnic neighborhoods different than your own to discover the richness of American culture.](#)
17. [Volunteer.](#)
18. [Watch America's Most Wanted.](#)



**Reader Submitted
Actions**